

A photograph of two young women smiling at the camera. They are outdoors at what appears to be a university health fair. The woman on the left is wearing a dark blue t-shirt and holding a small orange pot with a succulent and a label that says 'Paspalia'. The woman on the right is wearing a white t-shirt with an 'A&M' logo and holding a similar orange pot with a succulent and a label that says 'Health'. Both are holding large maroon bags labeled 'HEALTHY AG PACK' with the 'A&M' logo and 'University Health Services' text. In the background, there is a red and white booth, other people, and trees.

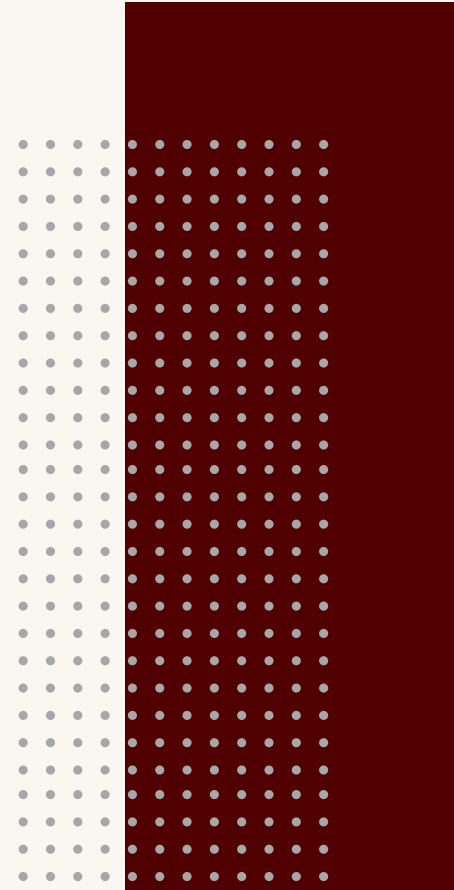
University Health Services

Mission

Dedicated to empowering our diverse student body through integrated care that supports their physical and mental health. We are committed to partnerships that support student health.

Vision

Leaders in university healthcare through innovation, transformation and impact.



WHO WE ARE



Primary Care and Mental
Health Care Professionals



Allied Health Professionals



Support Staff



Trainees, Graduate Assistants,
Interns, Student Employees



WHERE TO FIND US



Memorial Student Center (MSC)

- Located on central campus
- Next to Kyle Field

WHERE TO FIND US



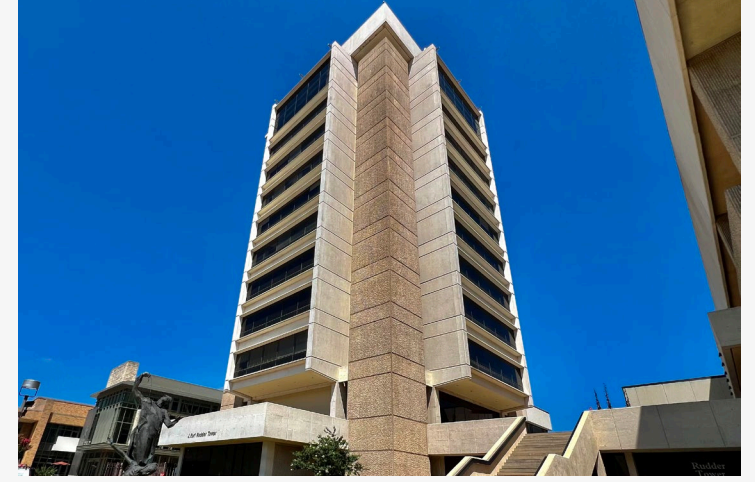
A.P. Beutel Health Center

- Near Sbisa dining hall
- 8am-5pm: Monday-Friday



Student Services Building

- **3rd floor:** Prevention & Population Health
- **4th floor:** Counseling
- 8am-5pm: Monday-Friday



Earl Rudder Tower 10th Floor

- Aggie Recovery Community
- 8am-5pm: Monday-Friday

A healthcare professional, a woman with brown hair in a ponytail wearing glasses and a pink lab coat, is attending to a male patient. The patient is seated in a red medical chair, wearing a light blue button-down shirt and blue jeans. The professional is focused on the patient's arm, possibly preparing for a blood draw or injection. The setting is a clinical room with a desk, a white storage bin, and a wooden door in the background.

PHYSICAL HEALTH SERVICES

Primary & Specialty Medical Care

- Doctor & Nurse Consultations
- Pharmacy
- Laboratory
- Vaccine Clinic
- Nutrition Services
- Physical Therapy
- Radiology - X-Rays & Ultrasounds
- EMS
- Dial-A-Nurse
- Travel Medicine

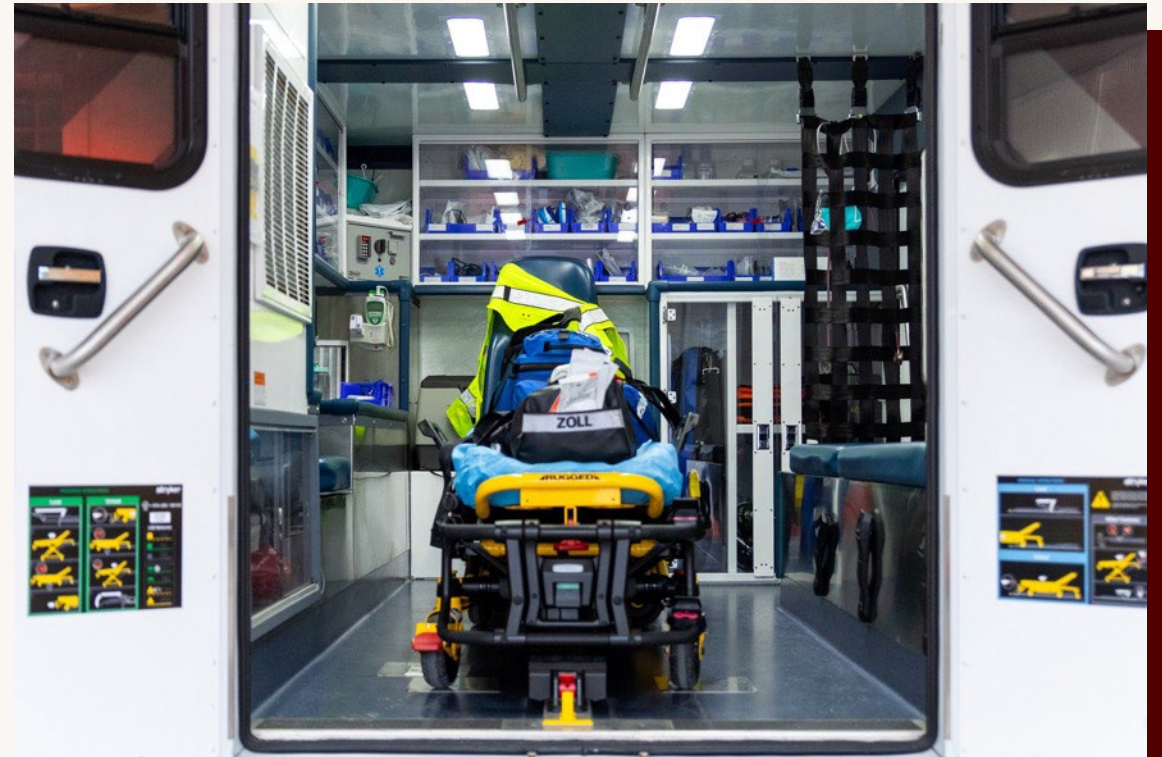


ACCESSING CARE

- On-site and telehealth appointments
- Appointment scheduling: uhs.tamu.edu
- Appointments may be available same-day depending on presenting concern

After-Hours Support and Care Options

- *TELUS Health Student Support App* 24/7
Professional Counseling: tx.ag/supportapp
- *Dial-a-Nurse:* 979.458.8379
- *EMS:* 911
- Bryan and College Station have several options for walk-in and emergency after hours care.



International Students – Tuberculosis Screening

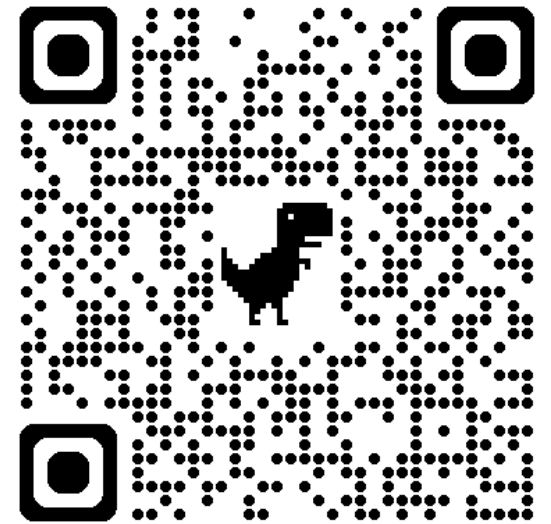
Tuberculosis Screening

- Required for all incoming international students that were born in or resided in a high-risk country* for more than three (3) months.
- Many students complete the Tuberculosis screening once they arrive at Texas A&M. Students are also welcome to complete the screening prior to arrival.

Submission requirements

- Tuberculosis Screening Form
<https://uhs.tamu.edu/docs/forms/tuberculosis-screening-april2025.pdf>
- A copy of the blood test results (lab report).

Return completed Tuberculosis Screening form by fax: (979) 458-8319
or by email: tbhold@tamu.edu



A man with dark hair and a slight beard is smiling at the camera. He is wearing a teal t-shirt that features a logo for Suicide Awareness Month. The logo includes two purple speech bubbles, the text 'SUICIDE AWARENESS MONTH' in large white letters, and the phrase 'not another aggie' in smaller white letters below it. At the bottom of the logo, it says 'SEPTEMBER 2019'. The background is slightly out of focus, showing what appears to be a window and some indoor plants.

MENTAL HEALTH SERVICES

Counseling & Mental Health Care

- **No cost mental health care options**
- Individual & Group Counseling
- Couple/Relationship Counseling
- Mental Health Workshops
- Limited ADHD/ADD Screenings
- Quick Checks (30 Minutes)
- Crisis/Walk-In Appointments
- TELUS App





TAKE CARE OF YOUR MENTAL HEALTH

STUDENT SUPPORT APP



Download the TELUS Health Student Support app for 24/7 access to professional counseling by phone or chat in multiple languages.

VIRTUAL CARE PROVIDED BY



SCAN HERE!

Let's Talk

- Engage in casual conversations with counselors
- Discuss general well-being and mental health resources
- Engage in empowering environments that maximize student accessibility
- More info: tx.ag/UHSletstalk



Let's Talk is an informal conversation with a counselor and is not counseling. The confidentiality of these public conversations cannot be guaranteed. Students requiring further support will be referred to additional services as appropriate.



INSURANCE, COST, & ACCESS

Insurance Overview

***“Do I Need
Health
Insurance?”***

Not required to use UHS services

UHS is not in-network with insurance companies but can courtesy file claims

- If insurance doesn't pay, unpaid balances go to your student account.

- UHS cannot file with: Medicaid, CHIP, Superior, Molina, STAR, and other Medicaid products
- Cannot file pharmacy claims unless enrolled in TAMU-sponsored plan
- For more information on the TAMU- sponsored plan (Blue cross Blue Shield), please visit uhs.tamu.edu and search **“Health Insurance”** in the search bar.

General Costs

Primary Care

- **Starts at \$15 for 15 min**

Complex Visits

- **\$25–\$45 (based on provider and time)**

Telehealth Visits

- **\$25**

Mental Health

- **FREE for students**

Other Services (Labs, vaccines, imaging, prescriptions, Physical Therapy)

- **low cost vs. community**

A photograph of two young women participating in a campus program. They are seated on a stationary bike that has a blender attached to its frame. The woman on the left, wearing a maroon shirt and sunglasses, is smiling and looking at the camera while wearing clear plastic gloves and holding the blender's lid. The woman on the right, with red hair and glasses, is also smiling and looking down at the bike. The background shows a campus setting with trees, a brick path, and other students. A dark red banner with white text is overlaid in the center.

CAMPUS PROGRAMS & INVOLVEMENT

Collegiate Recovery Program

Aggie Recovery Community

- Drop-in Center
- Peer-to-peer Process Groups
- Substance Free Community Events & Activities
- Recovery Coaching, Protection Plans, and Accountability
- Education & Trainings
- Recovery Oriented Meetings
- Referrals to On and Off Campus Resources



Not a treatment center – community-focused support

Prevention and Population Health

- Certified Health Education Specialists, Student Workers
- Outreach Initiatives
 - Available by request online!
- Educational Workshops and Presentations
- Curricula Development
- Collaborative/Partnership Programs Across campuses
- Peer Advocate Programs
- Health Initiatives



Student Opportunities

- Internships, practicums, graduate assistantships
- Peer programs:
 - Aggies Reaching Aggies (suicide prevention)
 - Aggie Peer Connect (resource navigation)
- Volunteer at outreach events



CONFIDENTIALITY

University Health Services is required by law to maintain the privacy of certain confidential health information known, under FERPA, as Student Health Records, or SHR, and to provide you with a notice of our legal duties and privacy practices with respect to your SHR.

Records releases can be found at uhs.tamu.edu.

Thanks & Gig 'em!

Contact Us



uhsinfo@tamu.edu

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Texas A&M
University Health Services