



Extension of Stay Form

- a. Depending on your J-1 category, there's a maximum amount of time you can stay in the U.S. as a J-1:
- i. Short-term Scholar: 6 months
 - ii. Professor and Research Scholars: 5 years
 - iii. Student Intern: 12 months or before your graduation date, whichever is earlier.

ISSS cannot extend your DS-2019 beyond the maximum time limit

- b. Required documents ([see ISSS website for more information](#))
- i. Updated host department offer letter or invitation letter.
 - ii. Proof of extended insurance coverage for J-1 and J-2 dependents
 - iii. Proof of funding for extended period for J-1 and J-2 dependents
 - iv. Updated approved export control form

Personal Information

a. Exchange Visitor Name

b. J-1 category on your DS-2019 Short-term Scholar Professor Research Scholar Student Intern

c. TAMU UIN

d. TAMU email address

e. Current U.S. phone number

f. Current U.S. address

Why do you want to extend your stay in the U.S.?

What you have accomplished up to this point and why you would benefit from additional time at TAMU/System

- a. Include a list of professional, social, and cultural activities you have participated in during your J-1 program
- b. If you have any feedback for all the activities, please let us know (optional)

I confirm I still intend to return to my home country (This is a requirement of the J-1 Exchange Visitor Program)

212(e) Two-Year Home Residency Requirement

The two-year home residency requirement is based on Section 212(e) of the Immigration and Nationality Act. If you are subject to the requirement, then you must return to your home country for at least 2 years at the end of your J-1 program **OR** apply for a waiver of the requirement.

If your waiver has been approved or have received a recommendation for waiver from the U.S. Department of State, we cannot extend your DS-2019!

[Click here to learn more about 212\(e\) and waivers here.](#)

Have you applied or will apply in the future for a waiver of the two-year home residency requirement? (if applicable)

Yes, my waiver has been approved or I have received a recommendation

Submit any documentation you've received regarding your waiver application with this form.

Yes, but my waiver application is still pending

Submit any documentation you've received regarding your waiver application with this form.

I have never applied or my waiver was denied

Health Insurance

As J Exchange Visitors you are required to maintain health insurance coverage for you and your J-2 dependents throughout your J Exchange Visitor Program. Even if you are currently outside the U.S., if your J-1 or J-2 status is "active", you must have health insurance. For more information about health insurance requirements, go to: [Insurance requirements page](#)

I understand willful failure to carry insurance is considered to be a violation of the Exchange Visitor Program and will result in immediate termination of your participation in the program. Texas A&M will report your violation of lawful status to the Department of Homeland Security and you will be required to leave the US.

I confirm I'm submitting proof of health insurance that meets the requirements listed under [Minimum Insurance Requirements](#)

Insurance provider name

Insurance start date

Insurance end date

If you have J-2 dependents, are they covered by the same insurance?

Yes

No – make sure to submit proof of insurance for your J-2s

J-1 Student Intern

The host department and J-1 student interns are required to submit an updated DS-7002 with their extension request. They also must submit an evaluation to ISSS every 6 months during the J program using the [J-1 Student Intern Evaluation](#).

Visitor Signature

Date